



Digital tips for parents

The internet can be a wonderful place for your kids to visit, as parents you need to play your part to help keep them safe during their visits.

- Get familiar with the websites and Apps that your child uses.
 - Set and agree with your children key rules that will guide their activities online.
 - Commit to remain approachable and not overreact if your child shares something bad that he or she finds or does online.
 - Attempt to always know who your friends online friends are.
- Report suspicious or illegal activities or sites to the proper authorities.
 - Make or find recommended sites and Apps for your children.
 - Seek options for filtering or blocking inappropriate internet or mobile material for my children.
 - Talk to children about staying safe and explore with them the Apps or sites they use.