



Digital tips for parents

The internet can be a wonderful place for your kids to visit, as parents you need to play your part to help keep them safe during their visits.

- Get familiar with the websites and apps that your child uses.
- Set and agree with your children key rules that will guide their activities online.
- Commit to remain approachable and not over react if your child shares something bad that he or she finds or does online.
- Attempt to always know who your friends online friends are.
- Report suspicious or illegal activities or sites to the proper authorities.
- Make or find recommended sites and apps for your children.
- Seek options for filtering or blocking inappropriate internet or mobile material for my children.
- Talk to children about staying safe and explore with them the apps or sites they use.